

Student Body  
Wessington Springs Junior High FCCLA Chapter  
2017-2018



Luke Knipfer, a member of the Wessington Springs Junior High Chapter, attended the Teen Teachers Program, a part of the SD Healthy YOUth Initiative in Pierre in October. After attending the summit, Luke explored the Student Body Program. He taught nutrition lessons to the 3<sup>rd</sup> grade class on the importance of healthy eating and exercise.



The 8<sup>th</sup> Grade Mini-chapter was concerned about the lack of nutritious snacks available to students at midmorning. They felt that students are hungry at that time and a nutritious snack would help them concentrate on their schoolwork prior to lunch. They organized and opened a Snack Shack for middle school and high school students during the morning.

Members in the Nutrition and Wellness class will promote the importance of healthy eating and physical activity during National Nutrition Month in March. They will give presentations, create displays, and develop public service announcements.